HRUSKA CLINIC
Restorative Physical Therapy Services

TODAY'S DATE___________________

Name____ **AGE:** **DOB:** ____________

I am happiest when I participate in these activities:
____

I am here today because:
____This began:__________________

What is it you want to do that you can't do now? ______________________________________

I am taking medications for:_______________________________ **I am allergic to LATEX: YES NO**

Previous Surgery(s):

GENERAL HEALTH:
Do you have, or have had, any of the following?
Cancer? **YES NO**
Diabetes? **YES NO**
Pregnant (Currently)? **YES NO**
Metal Implants? **YES NO**
High Blood Pressure? **YES NO**
Seizures? **YES NO**
Concussion? **YES NO**

NECK/JAW/HEAD:
Do you experience facial pain? **YES NO**
Do you feel a click or pop when you open or close your mouth? **YES NO**
Do you experience weekly headaches? **YES NO**
Do you wake up with a dry mouth? **YES NO**
Do you feel pain in the front of your ear, or ear "fullness" or "ringing"? **YES NO**
Do you feel tension at the base of your skull when you turn your head in the upright position? **YES NO**

BREATHING:
Do you snore? **YES NO**
Do you have difficulty breathing with simple activity, i.e.: going up steps? **YES NO**
Do you still feel tired after a full night of sleep? **YES NO**
Do you have asthma? **YES NO**
Do you use an inhaler? **YES NO**
Do you have to sleep in an upright position? **YES NO**
Have you been diagnosed with sleep apnea? **YES NO**

FEET:
Do you have flat feet? **YES NO**
Do you have pain on the bottom of your feet when you are standing? **YES NO**
Do you have a large bony bump near either of your big toes? **YES NO**
Do you have orthotics, heel lifts, or any other foot inserts in your shoes? **YES NO**
Does one of your feet turn out more than the other? **YES NO**
Do you feel unstable with one or both of your ankles? **YES NO**

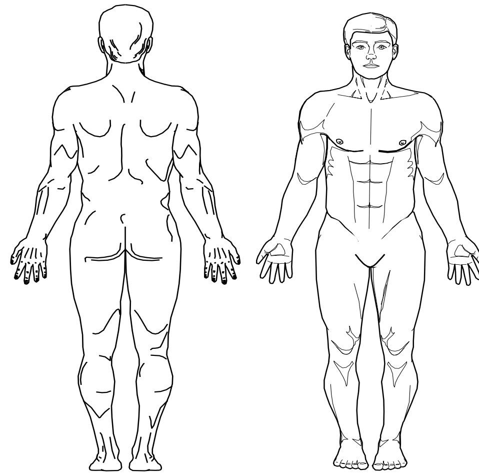
VISION:
Do you wear contacts? **YES NO**
Do you wear glasses? **YES NO**
Do you wear bifocals? **YES NO**
Do you occasionally bump into objects while walking? **YES NO**
Do you have difficulty driving at night? **YES NO**
Do you have blurry vision or double vision? **YES NO**
Do you feel dizzy? **YES NO**
Do you feel lateral leg & ankle strain, back tightness, or pain at the bottom of one or both feet? **YES NO**

LUMBO/PELVIC/FEMORAL:
Do you ever experience small amounts of urine leakage when you cough, sneeze, laugh, lift or exercise? **YES NO**
Do you ever experience small amounts of urine leakage associated with a strong sensation of needing to go to the bathroom? **YES NO**
Do you experience frequent trips to the bathroom that disrupt your day or do you plan trips out based on where the bathrooms are? **YES NO**
Do you experience pain, discomfort or pressure in your pelvic area when sitting or standing for prolonged periods of time? **YES NO**
Do you frequently strain to have a bowel movement or to empty your bladder? **YES NO**
Do you experience the sensation of pressure in your lower abdomen or pelvic region? **YES NO**

PLEASE INDICATE ON THE PICTURES TO THE RIGHT THE **LOCATION OF YOUR ISSUE(S)**
&
PLEASE INDICATE YOUR LEVEL OF DISCOMFORT AT ITS **WORST** AND **BEST** ON THE SCALE BELOW

0	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**

0 = NO DISCOMFORT 10 = EXTREME DISCOMFORT



Patient-Specific Functional Scale INITIAL or FOLLOW UP

Date of Today's PT Visit: ____________________
Date of Birth: __________________________

1. Please identify up to 3 important activities that you are unable to do or are having difficulty with as a result of your __________________________________problem.

****Consider these examples: getting dressed, walking your dog, yard work, sports activities, etc.**

Activity	**Score**	√ Most Limited
1.		
2.		
3.		

2. Please **score** each activity in the above chart using the scale below.

0	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**
Able to perform activity at the same level as before injury or problem										Unable to perform activity

3. Please check √ which of the activities is **most limited today**, because of your _____________________________________ problem.

PATIENT REGISTRATION INFORMATION

PLEASE PRINT & COMPLETE FULLY

DATE ______________________________

PATIENT NAME *(FIRST)* ______________ *(MI)* ______________ *(LAST)* ______________________________

ADDRESS ____

CITY ______________________________ STATE ______________ ZIP ______________

DATE OF BIRTH ______ -- ______ -- ______ SEX___M ___F

SS # *(IF NEEDED FOR INSURANCE)*:_______-______-________ ___SINGLE ___MARRIED ___OTHER

PHONE *(HOME)* ______________ *(WORK)* ______________ *(CELL)* ______________

EMPLOYER ______________________________ JOB TITLE ______________________________

STUDENT ____ NO ___ YES *(WHERE)* ______________________ *(FULL TIME)* _____ *(PART TIME)* _____

EMERGENCY CONTACT ______________ *(PHONE)* ______________ *(RELATIONSHIP)* ______________

INJURY/ACCIDENT DATE: ______________ **WORK COMP Related?** YES NO **MVA Related?** YES NO

IF YES, ARE YOU WORKING WITH AN ATTORNEY? YES NO **NAME OF ATTORNEY?** ______________________.

WOULD YOU LIKE TO BE ON OUR E-MAILING LIST? EMAIL ADDRESS: ______________________________

REFERRING DOCTOR OR DENTIST:

(FIRST) ______________ *(LAST)* ______________________ __MD __DDS __DO __DC

(CITY) ______________________________ *(STATE)* ______________________________

HOW DID YOU HEAR ABOUT US? ____

IF A FRIEND, PLEASE TELL US WHO SO WE MAY THANK THEM ______________________________

PRIMARY INSURANCE INFORMATION:

TYPE OF INSURANCE: ____WORK COMP ____MEDICARE ____GROUP INS ____AUTO INS(MVA) _____ 3RD PARTY

INSURED/POLICY HOLDER NAME *(FIRST)* ______________ *(MI)* ______ *(LAST)* ______________

____ SPOUSE ____ MOTHER ____ FATHER ____ OTHER

ADDRESS ______________ *(CITY)* ______________ *(STATE)* ______ *(ZIP)* ______

HOME PHONE ______________________________ WORK PHONE ______________________________

SS # ______________________________ DATE OF BIRTH ______________________________

EMPLOYER ____

INSURANCE COMPANY NAME ____

ADDRESS ____

ID # ______________________________ GROUP # ______________________________

INSURANCE COMPANY PHONE # ____

WORK COMP or MVA INFORMATION:

INSURANCE COMPANY NAME ____

ADDRESS ____

CASE MANAGER & PHONE# ____

CLAIM # ____

HRUSKA CLINIC

Restorative Physical Therapy Services

MEDICALLY INFORMED CONSENT AND ASSIGNMENT AND RELEASE

I voluntarily consent to physical therapy treatment and services deemed necessary by my physical therapist and /or physician. I am aware that the practice of physical therapy is not an exact science and I acknowledge that no guarantees have been made to me as to the results of these services at the Hruska Clinic Inc. It is this clinic's sincere intent to educate me on every process, from billing to treatment and eventually discharge from services. Therefore, if techniques that are being used to retrain, recruit & restore postural alignment are not understood, it is my responsibility to obtain a clearer understanding of what the therapist's objectives and outcomes are, and how he/she is trying to achieve them. This consent shall be ongoing for a period not to exceed **one year**.

I hereby authorize my insurance benefits be paid directly to Hruska Clinic, Inc., and understand that I am financially responsible for non-covered services. I understand that if Hruska Clinic Inc. does not contract with my insurance company, I will be responsible for the difference between what is charged and what my insurance pays. I also authorize Hruska Clinic Inc. to release any information necessary in order to process this claim. All of the information provided is correct and true to the best of my knowledge. **I am responsible for all charges incurred at Hruska Clinic Inc.**

I (or_________________________ for _________________________) have read this form and fully understand and accept its terms and conditions.

____

Patient or person authorized to consent for patient / relationship   Date / Time

____

Reason patient was unable to consent   Witness signature

If not signed by the patient, please indicate Relationship:

- ☐ parent or guardian of minor patient
- ☐ guardian or conservator of an incompetent patient
- ☐ beneficiary or personal representative of deceased patient

Acknowledgement of Receipt of Notice, PRIVACY PRACTICES

HRUSKA CLINIC INC. RESTORATIVE PHYSICAL THERAPY SERVICES

PAIGE TRAVIS, OFFICE COORDINATOR, PRIVACY OFFICER

I hereby acknowledge that I received a copy of this medical practice's Notice of Privacy Practices.

Signed: _______________________________ **Date:** ___________________________

Print Name: ___________________________ Telephone: ______________________

HRUSKA CLINIC

Restorative Physical Therapy Services

INTRODUCTION TO OUR FINANCIAL POLICY:

The Hruska Clinic strongly believes that all patients deserve the very best care we can provide. Further, we feel that everyone benefits when definitive financial arrangements are agreed upon. Accordingly, we have prepared this information to acquaint you with our financial and insurance policies. Our professional services are rendered to you, rather than your insurance company. Therefore payment for treatment is your responsibility.

IN-NETWORK INSURANCE

THE HRUSKA CLINIC CURRENTLY CONTRACTS WITH BLUECROSS/BLUESHIELD PPO, MIDLANDS CHOICE, COVENTRY, MEDICA, AETNA & MEDICARE. You will be responsible for any deductibles, co pays, coinsurance and any services not covered by your plan. We strongly encourage you to check with your insurer on your specific physical therapy benefits. Should your plan have a co-pay for physical therapy, we ask that it be paid at each visit.

If you are covered by **MEDICARE**, you will need a prescription for physical therapy from your **medical doctor**. Once you have received a prescription from your doctor, it will expire for use in 30 days. Medicare has imposed a financial "cap" of $1920 per calendar year for outpatient physical therapy & speech therapy combined.

OTHER PAYORS

WORKERS COMP: Hruska Clinic will bill your workers compensation carrier for your charges. In the event your claims are denied, you will become financially responsible for all treatment charges. In the event that you seek legal representation in the settlement of your claim, then we ask that you please refer to our MVA/personal responsibility/ litigation policy handout.

SELF -PAY: Self-paying patients are required to pay for services on the date at which they are rendered. We offer a self-pay discount of $75 for 1-30 minutes, $150 31-60 minutes etc. If you have insurance that we are out of network with we can provide you with paperwork to submit the insurance claim on your own.

MVA / **PERSONAL LIABILITY / LITIGATION**: Please refer to our MVA/personal responsibility/ litigation policy handout.

OUR BILLING PROCESS

We automatically file all in network insurance claims for our services. Although it may take 30-60 days to receive a bill for your deductible and co-insurance, all co-pays are due at the time of service. The following is intended to help you better understand our billing process:

- Charges for your visit are sent by your therapist to our billing staff
- The billing staff then submits these charges to your insurance company for reimbursement
- Hruska Clinic generally receives payment within 30-60 days
- Hruska Clinic will submit a statement to you after your insurance has adjusted the claim.
- Payment is due within 30 days of when your statement is mailed out. A billing charge of 1.5% will be assessed on all overdue balances. If there is a month where you miss a payment a late fee of $10 will be added to your account.
- For your convenience, we accept cash, check, MasterCard, Visa, Discover and American Express.
- Payment plans can also be arranged to fit your budget. All plans require payments on a monthly basis.
- Accounts that have not been paid on for 90 days will be turned over to collections.

I have read, understand and agree to Hruska Clinics' Financial Policy.

Signed: ____________________________________ **Date:**__________________________

HRUSKA CLINIC
Restorative Physical Therapy Services

SUMMARY OF NOTICE OF PRIVACY PRACTICES

This summary is provided to assist you in understanding
Our office's complete NOTICE OF PRIVACY PRACTICES

Our complete Notice of Privacy Practices contains a detailed description of how our office will protect your health information, your rights as a patient and our common practices in dealing with patient health information. Please refer to that Notice for further information.

Uses and Disclosures of Health Information. We will use and disclose your health information in order to treat you or to assist other health care providers in treating you. We will also use and disclose your health information in order to obtain payment for our services or to allow insurance companies to process insurance claims for services rendered to you by us or other health care providers. Finally, we may disclose your health information for certain limited operational activities such as quality assessment, licensing, accreditation and training students.

Uses and Disclosures Based on Your Authorization. Except as stated in more detail in the Notice of Privacy Practices, we will not use or disclose your health information without your written authorization.

Uses and Disclosures Not Requiring Your Authorization. In the following circumstances, we may disclose your health information without your written authorization:

- To family members or close friends who are involved in your health care;
- For certain limited research purposes;
- For purposes of public health and safety;
- To Government agencies for purposes of their audits, investigations & other oversight activities;
- To Government authorities to prevent child abuse or domestic violence;
- To the FDA to report product defects or incidents;
- To law enforcement authorities to protect public safety or to assist in apprehending criminal offenders;
- When required by court orders, search warrants, subpoenas & as otherwise required by law.

Patient Rights. As our patient, you have the following rights:

- To have access to and/or a copy of your health information;
- To receive an accounting of certain disclosures we have made of your health information;
- To request restrictions as to how your health information is used or disclosed;
- To request that we communicate with you in confidence;
- To request that we amend your health information;
- To receive notices of our privacy practices.

If you have a question, concern or complaint regarding our privacy practices, please refer to our complete Notice of Privacy Practices for the person or persons whom you may contact.